

Welcome to Shenandoah Park and Rec Tennis 2024!

Dates: May 29 - June 27

Location: Sportsman's Park

Goals: Our focus with youth tennis is on character development, skill building, and learning all aspects of the game of tennis. Our program is headed by Shenandoah High School Tennis coaches Brian Daoust and Marcia Johnson. We are joined by assistant coaches that are athletes in the High School program, but more importantly, are good at working with and relating to the youth.

Schedule: Although there are some minor adjustments, we plan to follow a similar structure to last year for tennis in the Summer of 2024. We will not plan to have tennis on Fridays. If we have some extreme weather situation, we will adjust and notify parents about a schedule change when it happens. Finally, we will have 1st/2nd grade meet on Monday, Tuesday and Thursday, while Kindergarten meets on Wednesday and Thursday each week. We will combine them at the same time on Thursdays for game day activities. Parents are not required to come to practice, but are welcome to stick around and watch them play!

We will have 45 minute sessions on M-Th each week.

Grade level is determined by the grade that the student has just completed.

May 29-June 27, no tennis on June 4.

8:00am - 3rd/4th grade

9:00am - 1st/2nd grade (Monday, Tuesday, and Thursday)

- Kindergarten (Wednesday and Thursday)

10:00am - 5th/6th grade

11:00am - 7th-11th grade

June 27 from 9:00 am-10:30- Tennis Carnival for athletes of all grades and their parents/family. Come play tennis related games with your family and win prizes/ bragging rights! No sessions by grade level on this day. Just the Carnival in the morning, and Voluntary Competition in the afternoon.

Equipment: Please have your child bring a water bottle and closed toe shoes. It is encouraged for them to have their own tennis racquet, but not required. We have plenty of all sizes that they may borrow each day. Beginner racquets are available at Walmart. (see sizing chart attached)


Competition Opportunities: Each grade level will have a type of game, activity, or competition each week during practice times.

Voluntary competition dates for 3-11th grade will be finalized soon. They will take place from 1-4pm on Thursdays of each week. Competition will be free for Park and Rec athletes, and cost \$10 per event for others to compete. We will invite players from neighboring schools to participate like previous years. Divisions will be created based on the number of athletes and

their abilities. Park and Rec students will not be required to compete in these, but will be encouraged to join when they feel they are ready (basic understanding of scoring, serving, and etiquette).

Linda Daoust Junior Tournament - 6/23 at 9:00 am - Shenandoah players from grades 5-8 are invited to play in a singles tournament at the Welch Tennis Courts

TENNIS RACKET LENGTH CHART



Age	Height (inch)	Racket length (inch)
< 4	< 40	19
4 - 5	40 - 44	21
5 - 8	45 - 49	23
9 - 10	50 - 55	25
10 - 17	55 >	26
Adults	Any height	27 - 29

I would also add that nearly everybody 14 years and older should be using a 27" racquet.